

Services in the Tararua Area

0-12 year olds



Booklet includes:

Playgroups
ECE Centres
Kindergartens
Schools
Kōhanga Reo
Sports
Swimming
Music/Arts
Parenting
Apps
Websites





*Our mission
is to provide
opportunities for
people, whānau
and communities
to flourish through
life-long quality
learning
opportunities.*

Tararua REAP is one of thirteen REAPs who have provided educational services for over 40 years. We are a friendly, professional team that supports the delivery of numerous educational and support services within the Tararua area generally from Norsewood to Woodville although some contracts extend into Southern Tararua – Pahiatua, Eketāhuna and out to the Coast.

Tararua REAP collaborates with educators, parents, and whānau to provide emotional and educational support to help develop our community from early childhood through to the elderly.

For the early years, we provide education, activities and events for early childhood centres, playgroups, home-based educators and kindergartens.

This Booklet was Kindly brought to you by

TARARUA REAP
Rural Education Activities Programme

Playgroups

DURING SCHOOL TERM

Tots and Toddlers

Meet on Mondays at 9:30 am

at SH2 Dannevirke

Contact: Jenny Hearn 027 364 1730

totsandtoddlers@hotmail.co.nz

Ruahine Playgroup

Meet on Tuesdays at 9:30 am

at Te Rehunga North Rd, Dannevirke

ruahineplaygroup@gmail.com



Playgroups

DURING SCHOOL TERM

Ti Tree Point Playgroup

Meet on Wednesdays at 10:00 am
at Weber to Herbertville Road

Contact: Laura
leandrews@hotmail.com

Kumeroa Playgroup

Meet on Wednesdays at 10:00 am
at Kumeroa Community Hall

Contact: Janelle Ruri
janelle@kumeroa.school.nz



ECE Centres

First Years Preschool

Contact Lee Lee Teller
7 Allardice Street Dannevirke
fyps@xtra.co.nz
06 374 7436

Little Rugrats

Contact Karen Ward
85 Vogel Street Woodville
karen.rugrats@gmail.com
06 376 1003

Kids Castle

Contact Sheryl Pinfold
37 Burns Street Dannevirke
kidscastle37@gmail.com
06 374 8198

Busy Bees

Contact Shona Dean / Josie Dean
241 High Street Dannevirke
busy.bees.dannevirke@xtra.co.nz
06 374 6900

Country Kids

Contact Demelza Kendall
16 Viking Street Norsewood
countrykids@scallywags.co.nz
06 374 0941

In-home Childcare

Sprouts

'Nurturing children for life'

Contact Sam Ransom

sam@sprouts.co.nz

021 222 6539

Building Blocks

'Laugh, learn, play'

For more info contact:

office@buildingblocks.nz

06 353 5222

Te Puna Reo

For more info contact Tammy Johnson

jazzgurl282@gmail.com

0279208666



Kindergarten

Central Kindergarten

Contact Hillary Hirst
242A High Street Dannevirke
dvkecentralkgtn@xtra.co.nz
06 374 6130

Appleton Kindergarten

Contact Bridget Augustine
32 Gregg Street Dannevirke
appleton.kindergarten@xtra.co.nz
06 374 6056

Dannevirke Kindergarten Association Inc

Contact Annie Perry
82 High Street Dannevirke
manager@dvka.co.nz
06 374 5880



Play Centre

Woodville Play Centre

Open Tuesdays from 9:15 am-12:15 pm
45 Ross Street, Woodville
For more info contact 06 376 4301
woodville@playcentre.org.nz

Kōhanga Reo

Kōhanga Reo provide education and care for children from birth to six years of age in which the lessons are conducted in Māori.

Te Kōhanga Reo o Kaitoki

20 Kaitoki River Road,
Dannevirke 4930

For more info contact 06 374 8578
whanau@k08g028.kohanga.ac.nz

Te Kōhanga Reo o Atawhai

Center of Tay & Vogel Streets,
Woodville 5500

Contact: Rosie 06 376 5069
whanau@k08g030.kohanga.ac.nz

Te Kōhanga Reo o Taniwaka

16 Tennyson Street,
Dannevirke 4930

For more info contact 06 374 9263
whanau@k08g015.kohanga.ac.nz



Primary Schools

Dannevirke South School

Stairs Street, Dannevirke

Ph 06 374 8915

office@dannevirkesouth.school.nz

St Joseph's Catholic School

McPhee Street, Dannevirke

Ph 06 374 7910

admin@stjosephsdvke.school.nz

Huia Range School

High Street, Dannevirke

Ph 06 374 6444

office@huiarange.school.nz

Totara College

3 Ruahine Street, Dannevirke

06 374 6165

office@totara.school.nz

Ruahine School

333 Maharahara Road, Dannevirke

Ph 06 374 9200

office@ruahine.school.nz

Weber School

3329 Weber Road, Weber

06 374 3809

office@weber.school.nz

Please note that this booklet was created in February 2024 and is subject to change. Please contact Tararua REAP if any updates are required.

Primary Schools

Woodville School

Ross Street, Woodville

06 376 5276

office@woodville.school.nz

Norsewood School

Coronation Street, Norsewood

06 374 0870

office@norsewood.school.nz

Kumeroa School

58 Township Road, Kumeroa

06 376 4542

office@kumeroa.school.nz

Te Kura Kaupapa Māori O Tamaki-Nui-Ā-Rua

36 Makirikiri Road, Dannevirke

06 374 5858

tari@tamakinuiarua.school.nz



Get active preschoolers



Let's Move It Kindy Gym

Wednesday 9:30 am-11:00 am **FREE**

Every week during school terms 2 & 3

Knox Church, 185 High Street, Dannevirke

For more info, contact 027 364 1730

Preschool Music and Movement - All ages

Thursday 10:30 am - 11:30 am **FREE**

Anglican Church Hall, 175 High Street, Dannevirke

For more info, contact Julie McDougall 06 374 5630

Mainly Music Dannevirke - All ages

Friday 10:00 am **\$3 per session**

Music and morning tea are provided for parents and children.

Knox Church Hall, 185 High Street, Dannevirke

For more info, contact Jennifer Read 021 512 2007

Woodville Preschool Music Group - All ages

Thursday 10:30am - 11:30am **FREE**

Woodville Playcentre, 45 Ross Street, Woodville.

For more info, contact Tammy 027 321 1493

Origin Studios Dannevirke

Song & Dance for 3yr old's- Saturday 9:00 am - 9:30 am

Beginner Ballet for 4yr old's- Saturday 9:30 am - 10:00 am

Studio Address: 136 High Street, Dannevirke

\$85 per term. For more info, contact Amy 021 358 435



Music and Arts

Little Ears

Free early literacy and activities for preschoolers and their parents or caregivers. Little Ears is during term time only at the following Libraries:

Dannevirke Community Library, Monday at 9:30 am

Woodville Community Library, Wednesday at 11:00 am

Musical Melodies with Ruth Appleton

Book in for 30-minute piano lessons at a music studio Monday to Friday during the school term.

77653 State Highway 2, Dannevirke

06 374 6981 or 027 881 0445

Dannevirke Brass Band

Available for anyone who is interested in learning a brass instrument free of charge!

Practice is on a Wednesday evening at 7:00 pm with weekly lessons provided.

Linda Kendrick, 06 374 8825

Dannevirke Singing Club

Singing Club is for the wider community where you can come and enjoy music while learning basic vocal skills.

Contact the Facebook page for more info

Swimming Pools

Wai Splash Community Aquatic Pool

35 York Street, Dannevirke

06 374 7772

Wai Splash Community Pool is an indoor swimming complex in Dannevirke which provides swimming lessons (private, schools and groups) holiday activities, water safety lessons, swim training and more. Wai Splash has a 25m lane swimming pool and a heated 15m toddler pool with a beach area. The pool complex can be hired after hours. Available for birthday parties and a BBQ is available if required.

Kumeroa Community Swimming Pool

58 Township Road, Kumeroa

06 376 4542

Pool keys are \$50 per swimming season which includes a \$5 refund when the key is returned. For more info contact Kumeroa School.

Woodville Community Swimming Pool

Vogel Street, Woodville

021 0892 9181

Opening Hours (summertime only)

Fee paid per visit

School & Public holidays/weekends: 1:00 pm – 6:00 pm

Weekdays (during term time): 3:00 pm – 6:00 pm

Preschool Swimming

Wai Splash Community Aquatic Pool

35 York Street, Dannevirke

Phone 06 374 7772

Baby Swim Lessons

25-minute lessons

Thursday & Saturday from 9:00 am

\$80.00 per term (pre-book)

Pre-School Swim Lessons

25-minute lessons

Monday & Wednesday at 3:00 pm

Thursday & Saturday from 10:30 am

\$90.00 per term (pre-book)

Waterplay Sessions

Tuesday & Friday

10:30 am - 12:30 pm

\$6 entry for adult and baby

Ideal for friends, babies and preschoolers to catchup
and enjoy some water play.



Sport Sessions

Woodville Junior Football

9:00 am – 10:00 am Saturday during the winter months

From 4 years of age

To register email woodvilleafc@gmail.com

Dannevirke Sports Club Junior Football

Saturday mornings during the winter months

From 4 years of age

To register email dscjuniorfootball@gmail.com

Dannevirke JAB Ripper Rugby

Saturday mornings during winter months

From 4 years of age

To register email dannevirkejabrugby@gmail.com

Dannevirke Junior Netball

Our Saturday junior netball programme caters for all players (boys and girls) from Year 1 to 8.

Contact Philamena Beale

027 522 6672



Sport Sessions

Dannevirke Squash Racquets Club

Dannevirke Squash Club caters for children through to adults.

36 Gregg Street, Dannevirke
06 374 7274

Dannevirke Tennis Club

From October to March (Term 1 & 4) Monday night's Tennis coaching sessions are available for Year 1's and older

Anderson Street, Dannevirke
0210 317 484

Kumeroa Hopelands Tennis Club

Contact Andrew & Melanie Bolton
andrew.bolton@xtra.co.nz
Kumeroa Township Road, Kumeroa
027 455 2114

Dannevirke Badminton Club

Club night Wednesday 6:30 pm
2 Anderson Street, Dannevirke
Contact Hilary Hirst 027 282 6732 or
Glenn Hirst 027 231 1654



Sport Sessions

Dannevirke Athletics Club

Dannevirke Athletics is for children from 2-18 years old. Club Nights are every Wednesday commencing at 5.15 pm for warm-up activities, and will start at 5.30 pm sharp until approximately 7:00 pm. Contact their Facebook page or email kellzgillard@gmail.com

Dannevirke Sports Club Junior Cricket

Cricket training on Thursday afternoon at Dannevirke Domain. New players are welcome. For Primary Age Children. Phone 027 374 5662

Dannevirke Sports Club Junior Hockey

Run on a Friday night in Dannevirke, junior hockey competition starts in Term 2 for Years 0-8, dscjuniorhockey@gmail.com or contact Facebook DSC Junior Hockey

Dannevirke Basketball Association

Practice on Tuesday afternoons. for information contact Facebook or email hinekurar@xnet.com

Dannevirke & Districts Pony Club

Members bring their own Pony, to semi-regular rallies and learn riding skills and horsemanship. Our rallies are most often held at the Dannevirke A&P Showgrounds. For more info contact Anna Peffers on 027 498 5501 or email ddpc@hotmail.co.nz

After School Activities

Dannevirke

Girls' Brigade

Girls' Brigade New Zealand aims to help girls become followers of the Lord Jesus Christ, and to find true enrichment of life. 5 to 8 years – Juniors
9 to 12 years – Seniors, 13 to 17 years – Pioneers
Knox Church Swinburn Street, Dannevirke
06 374 6858

Dannevirke Girl Guides

Girl Guiding offers girls and young women opportunities to enjoy a wide range of activities and outdoor adventures.
Christian Street, Dannevirke
021 222 7793

St John Cadets

Dannevirke Church Hall
5:30 pm – 7:30 pm Tuesday nights
For more info contact 0800 785 646
St John Youth programmes help young New Zealanders to develop first aid and health care.
For 6–18 year olds.

Dannevirke Judo Club for 7+ years

Come along and train on Wednesday nights from 6:30 pm – 7:30 pm at the Knox Church Hall during the school term.
For more information, contact Lisa Boblea on 021 058 9036 or jdblhb27@gmail.com

After School Activities

Dannevirke

Lego Robotics Club

Every Wednesday (during term time) Come along to make and code a LEGO Robot! 3:30 pm - 4:30 pm
ages 8-12, Dannevirke Library

YOLO Book Club for 8 -12 years

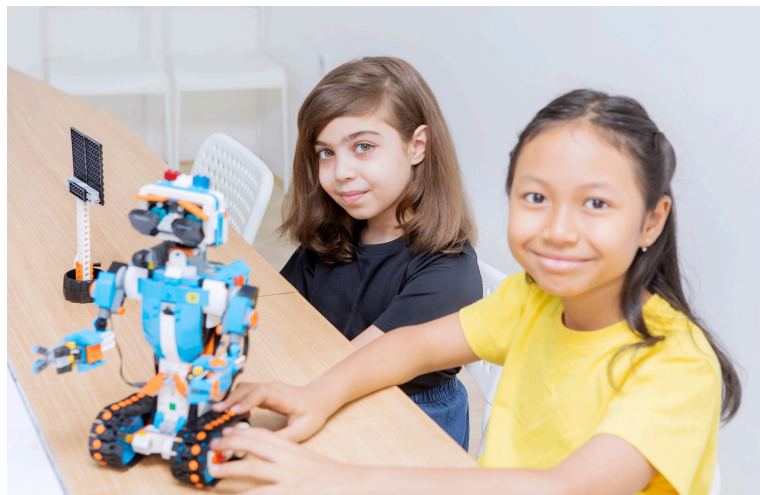
Have you ever read a book that was so GOOD you told all your friends you have to read it? Come and share stories about books - good or bad. Fun activities.
Dannevirke Library on Thursday afternoon at 4:00 pm

Junior Target Shooting Programme

The Smallbore Rifle Shooting season is available for Year 7's and over. Parent help is necessary and a season fee is applicable.

Register your interest by April, for a May 10-week season start.

Ruth 021 077 7952, or Robbie 021 374 056



After School Activities

Woodville

Kyokushinkai Karate Club

Tuesday and Thursday 5:30 pm - 7:00 pm, all year

From 4 years of age

Old Folks Hall, McLean Street, Woodville

For more info contact Shihan, Bob Fryer on 027 408 4257

Woodville Girl Guides

Monday evening during school term, 5:00 pm - 6:30 pm

Ages 5 - 17 years old

\$90 per term

Woodville Kids Club

Each term has a different focus, with a different time

For more information Facebook message: Woodville Kids
Sports Clubs and Activities

Tararua School of Dance

Weekly on Wednesdays, 3:30 pm

tararuasod@outlook.com 027 399 5819

Old Folks Hall, Woodville

Art, Drama & Music for Kids in Woodville

Art classes on Tuesday afternoon 4:00 pm - 5:30 pm, Ages 8+

For more info contact Shirley on 022 309 3494

School Holiday Programmes

Woodville & Dannevirke Library

Kids programs are run during school holidays.
For other topics and times check out their Facebook pages or phone
Dannevirke 06 374 4255 Woodville 06 376 0212

The Red Kiwi Orienteering Club

Our emphasis is to hold family-friendly competitions at parks, schools, forests and farms of our region, where the more adventurous can enhance their navigation skills. Our events are held in the Manawatu, Horowhenua, Whanganui Regions.

To find a course near you check out the website
<https://www.revolutionise.com.au/redkiwi/>



Te Wananga O Tamaki A Rua

School Holidays Programmes and before and after School Care Programmes. Students are engaged in a variety of activities in a supportive environment that emphasizes learning, teamwork, sportsmanship, and resiliency. All programmes have a Te Reo Maori component.

Ashlea 027 288 802

Ann 027 288 8745

Tamai 027 453 9520

Library services

Dannevirke Community Library

Station Street, Dannevirke

Monday to Friday 9:00 am – 5:30 pm

06 374 4255

Woodville Community Library

45 Vogel Street, Woodville

Monday to Friday 9:00 am – 12:30 pm, 1:20 pm – 5:00 pm

06 376 0212

Toy Library

Puzzles, games, slides, cosy coupe cars, ride-ons, musical toys, kitchen sets, pretend play sets, washable dolls, and baby playmats are just some of the items you can find in our Toy Library.

Wai Splash Indoor Pool Complex, 35 York Street, Dannevirke

Wednesday 2:30 pm – 5:30 pm

Thursday 9:30 am – 11:30 am

Saturday 9:30 am – 11:30 am

0288 516 2049



Parenting Programmes

Triple P Parenting Courses

To register contact Tararua REAP 06 374 6565

Workshop Group

Facilitated by the Triple P Coach, this discussion group provides an opportunity to focus on the big issues:

Dealing with disobedience

Developing good bedtime routines

Managing fighting and aggression

Hassle-free mealtimes

Hassle-free shopping with children

To register contact Tararua REAP 06 374 6565

Primary Care

Work one on one with an accredited Triple P coach to create a parenting plan specific to a concern.

To register contact Tararua REAP 06 374 6565



Incredible Years

This 14 week parenting course is run once a year in the Tararua area. This programme empowers parents with positive parenting strategies.

To register contact Tararua REAP 06 374 6565

or The Trust Tararua 06 376 7608



Other services

Rangitāne o Tamaki nui a Rua

Well Child Tamariki Ora
This service is for whānau
with children from birth to 5
years who live in Tararua
10 Gordon St, Dannevirke
Phone 06 374 6860



Dannevirke Community Midwives

Dannevirke Midwifery
Service provides pregnancy,
labour, birth and postnatal
care (24 hours a day, 7 days
a week) for women who live
in Tararua.
Barraud Street, Dannevirke
Phone 06 374 5691



Whānau Āwhina Plunket

The Royal New Zealand
Plunket Trust provides a
range of free services. Ideal
if you're pregnant or have
just had a baby.
23 Allardice St, Dannevirke
Phone 0800 692 445



Other Services

School Dental Services

FREE dental treatment for children aged from 0-13 years.

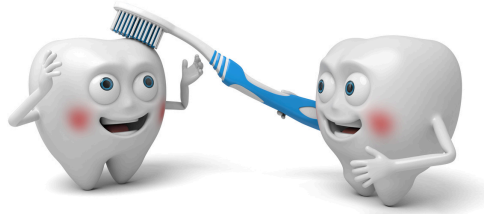
For more info contact:

Dannevirke South School Phone: 06 374 7361

Huia Range School Phone: 06 374 7672

Freephone: 0800 TALK TEETH or 0800 825 583

Email: childoralhealth@midcentraldhb.govt.nz



Tararua Strengthening Families

Express what is important to your family/whānau, and what you want to see happen. Invited agencies will talk about how they will assist you and your family/whānau to achieve your goals.

For more information
contact Tararua REAP on 06 374 6565



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Apps



Well Child App

This specialised health and education tool is free to all users, ensuring parents and caregivers receive timely and personalised information for the health and well-being of their tamariki (children)



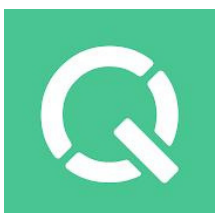
Child Reward

Child Reward is based on a star point system. The parent can add tasks and rewards for children. The individual task can have a different value. After collecting the appropriate number of stars, the child can collect the reward.



Parental Control App - OurPact

OurPact allows parents to foster healthy habits and manage their child's screen time using screen time allowance, blocking specific apps, blocking texts, and scheduling daily screen time according to a child's daily routine.



Qustodio Parental Control App & Family Locator

Over 4 million parents trust Qustodio's parental control tools to keep their kids' screen time safe and balanced on every device.

Apps continued



Bark - Monitor and Manage Your Kids Online

Bark provides families with the tools they need to raise kids in the digital age. Our comprehensive service lets you monitor content, manage screen time, and filter websites so you can get peace of mind while your child is online.



Control Children's Screen Time with Kidslox

Kidslox parental control app makes it simple to manage children's screen time and helps them develop a balanced attitude to technology. It gives you tools to block apps, block the internet and filter web content to enable the creation of consistent boundaries for technology use.

Family Zone Connect



Download the Family Zone app on your child's device to manage what they see online and when they see it. Family Zone lives on your child's devices to keep them safe and responsible no matter where they go, or what network they connect to.

Helplines

Plunket Line – 0800 933 922

Plunket Line is a free parent helpline and advice service available to all families, whānau and caregivers 24 hours a day, seven days a week.

Free Parent Helpline – 0800 568 856

Our Free Parent Helpline provides compassionate, friendly, non-judgmental support and advice on all parenting issues. Available from 9am to 9pm, Monday to Sunday.

Family Services 211 Helpline – 0800 211 211

For help finding (and direct transfer to) community-based health and social support services in your area.

EDANZ – 0800 2 EDANZ or 0800 233 269

Improving outcomes for people with eating disorders and their families – or email info@ed.org.nz

Skylight – 0800 299 100

For support through trauma, loss and grief; 9am–5pm weekdays.

Yellow Brick Road – 04 804 8158

Supporting families towards mental wellbeing.

Mental Health Foundation – Call or text 1737

Need to talk? any time for support from a trained counsellor.

Lifeline – 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP).

Suicide Crisis Helpline – 0508 828 865 (0508 TAUTOKO).

Healthline – 0800 611 116

Providing you with health information and advice on care.

Samaritans – 0800 726 666

For confidential, non-judgmental & non-religious support.

Women's Refuge Crisis Line – 0800 733 843 (0800 REFUGE).

For women living with violence, or in fear within their relationship or family.

Websites

parentingplace.nz

Practical strategies, ideas and insights to inspire and equip you on your parenting journey – wherever you're up to. Our three Toolbox courses are age-based from Baby & Toddler to Teenage years. Wherever you are in your parenting journey, Toolbox is for you.



whanau.skip.org.nz

Supporting whānau to nurture their tamariki with evidence-based information. Loads of tips and resources for parents of under-fives.



plunket.org.nz

Being a parent is one of the most important and rewarding things you'll ever do. As a parent, you'll have a huge influence on your child's health and future. It's a demanding job, and you'll need good information and support to help you, which you can find on our website



Websites continued

parentalstresscentre.com

Discover how the Parental Stress Centre can help you and your family for the better. One-on-one or marriage Counselling / Parental Coaching via Zoom or sign up for one or more online programmes to help you become a calmer parent, including:

- Autism-specific 9-week Parental Stress Relief Program & Support Group
- 28-Day Tame Your Temper Parenting Challenge
- 28-Day Awakening The Peaceful Parent Within
- 9-Week Happy Mum Support Program
- 28-Day Make My Child Listen Challenge
- The Sibling Rivalry Relief Program
- 8 Week Stress-Free Kids, Stress-Free Parents
- 28-Day Find My Calm Within The Chaos Challenge



zerotothree.org

The information and tools Zero to Three offer are designed to support parents in developing their own ways to promote their children's growth and development.



ZERO TO THREE
Early connections last a lifetime

parenthelp.org.nz

Parent helpline can offer counseling sessions via zoom, between \$20-\$90 per hour. Helpline on 0800 568 856 and talk to our support workers about the issues you are having with your child.



pada.nz

Perinatal Anxiety and Depression Aotearoa. Championing Perinatal Wellbeing in our Community



kidzneeddadz.org.nz

Kidz Need Dadz' mission is to help New Zealand men be the best fathers they can be. Dadzkare Support line 0800 563 123



Websites continued

greatfathers.org.nz

The new Dads Toolbox- on the website are tips and tricks for Dads coping with a new baby... from crying and sleep deprivation to “inside your babys brain!”



raisingchildren.org.nz

Raising Children Media Ltd is a media company set up to support parents by providing them with quality video content about everyday subjects. Video is a great way to 'see' some inspiration for the parenting journey.



kidshealth.org.nz

On the KidsHealth website New Zealand parents, caregivers and whānau will find accurate and reliable information about their children's health.



ourkidsonline.info

Resources for Parents, Schools and organisations to help keep kids safer online and increase emotional well-being. You can rent or buy their documentary online.

Websites continued

parents.au.reachout.com

Trusted self-help information, peer-support program and referral tools save lives by helping young people be well and stay well. The information we offer parents makes it easier for them to help their teenagers, too.



parent2parent.org.nz

We are a nationwide not-for-profit organisation formed in 1983 by parents and professionals to support the families of babies, children, teens and adults with any type of disability or health impairment.



altogetherautism.org.nz

We supply information to autistic people, parents, educators, support workers, GPs, police and any other professional working with adults or children on the autism spectrum.



autism.org

To support the health and well-being of people affected by autism through innovative, impactful research and education. You can subscribe to a monthly ARI newsletter that includes news, webinar updates, and autism-related information and articles.



AUTISM RESEARCH INSTITUTE
Autism is Treatable

Websites continued

autismspeaks.org

Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the lifespan, for the needs of individuals with autism and their families. We do this through advocacy and support; increasing understanding and acceptance of people with autism, and advancing research into causes and better interventions for autism spectrum disorder.



triplep-parenting.net.nz

Triple P online Programme for parents

Raise happier, more confident and capable kids, improve your relationship with your child or teenager and enjoy being a parent more!

Sign up online to do a free self-paced online course.

Three online courses are available:

Triple P Online

For parents of young children up to approx. 12 years

Teen Triple P Online

For parents of pre-teens and teens, approx. 10-16 years

Fear-Less Triple P Online

Help your child or teenager learn to manage and reduce anxious feelings, now and in the future. This course is for parents of anxious kids (6-14 years). Find out the 'why' and 'how' of child and teen anxiety, Improve your child's emotional wellbeing in the long term, and so much more!



additudemag.com

ADDitude is not only the world's most trusted source of strategies and information about ADHD and related condition such as learning disabilities, anxiety, depression, and oppositional defiant disorder, we are also the voice and advocate of the ADHD community.



adhd.org.nz

Online Every Day with ADHD Parenting Course: This course Online - so you can do it from the comfort of your own home! Learn the “how to’s“ for managing children with ADHD, learning disabilities and challenging behaviours.

Designed specifically for parents and carers, you'll be able to:

- decrease angry and aggressive behaviour
- reduce stress and anxiety
- provide tools for the child's future
- recognise and encourage positive qualities

By the conclusion of this course you would have established:

- understanding of your child
- recognition of what you are really dealing with
- re-engagement and relationship with your child
- confidence in dealing with your child and their education
- a bank of tools, strategies and resources for on-going future use.



ADHD
New Zealand

ihc.org.nz

Welcome to IHC New Zealand

IHC will advocate for the rights, inclusion and welfare of all people with intellectual disabilities and support them to live satisfying lives in the community.

Using the Library: Although we are based in Wellington, the library is open to anyone in New Zealand. There is no charge to use the library. We pay for the postage to you, and it is your responsibility to pay for the return postage.

IHC Library Free Book: IHC wants to give all New Zealand families with a child or family member living with autism, Down Syndrome, or an intellectual disability (up to 24 years old) a free book relevant to your child's disability. Apply online via our website.



Whare Kahikā - Home Safety

Whare Kahikā gives whānau knowledge to create a safe physical home environment for tamariki.



THIS BOOKLET WAS KINDLY BROUGHT TO YOU BY

TARARUA REAP

Rural Education Activities Programme

www.tararuareap.co.nz

**Please note that this booklet was created in February 2024.
Please contact Tararua REAP if any updates are required.**

Helping to build thriving, resilient, confident communities.



Adult Community Education
Parent Education
Financial Mentoring
Strengthening Families
Whānau Support
Employment Support
Supporting Early Childhood
Education and Schools

TARARUA REAP
Rural Education Activities Programme

 15 Gordon Street, Dannevirke
 06 374 6565
 office@tararuareap.co.nz
 www.tararuareap.co.nz 

